



Nature's Own Wellness
Medicine . . . the Way Nature Intended

Classical Homeopathy - An Introduction
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WHAT IS CLASSICAL HOMEOPATHY?

Classical Homeopathy is the fastest growing form of complimentary medicine in the world today. It is a complete system designed to restore physical, emotional, and mental health in the shortest, surest, least harmful way. Its guiding principles were defined and clinically tested more than 200 years ago by German physician - Samuel Hahnemann.

WHY CHOOSE HOMEOPATHY?

Homeopathy provides a safe, effective, natural, nontoxic treatment for many acute and chronic illnesses. Homeopathic medicines consist of natural substances that are gentle yet extremely effective, often achieving rapid results without side-effects or suppression of symptoms. Prescriptions for these medicines are individualized. For instance, ten different people suffering from allergies are each likely to need a different homeopathic medicine. The medicines are inexpensive, and they address not only an individual's physical complaints but also work on a mental and emotional level, treating the "whole" person, including their core issues, (the often invisible inner forces that drive symptoms to appear.)

INDIVIDUALITY AND THE LAW OF SIMILARS

Each person is an individual and reacts to the events and challenges of life in a unique way. The medicine that can restore balance and harmony to one person will not necessarily promote a similar deep healing response in another. Homeopathic medicines are prescribed according to the Law of Similars, a concept dating back over five thousand years to medical texts from China and India. Hippocrates referred to the same idea in 400 BC: That which makes sick, shall heal. This means that the same substance that can cause a particular set of symptoms in a healthy person can cure the same or similar symptoms in a person who is ill.

HOMEOPATHY TREATS THE PERSON, NOT THE DISEASE.

All of a person's symptoms, taken together, form a network of clues that reveal a unique pattern of disharmony that can be treated with a single homeopathic medicine. The root of this disharmony is frequently found at the level of perception, and can be accessed via thoughts, sensations, feelings, or even recurring dreams. How an individual perceives his life exerts a strong influence on the strategies he adopts just to survive each day. If these coping mechanisms become out of sync with his internal reality and/or external environment, "disease" symptoms begin to appear.

STIMULATE VERSUS ELIMINATE

Conventional medicine focuses on controlling the symptoms of a disease. Homeopathy views symptoms as distinct signs that the body creates in an attempt to heal itself of more deeply rooted imbalances, both physical and perceptual. A homeopathic medicine acts as a catalyst that will enhance the body's efforts, thus stimulating a renewed inner state of balance and well-being. When this rebalancing of inner forces occurs, the patient's symptoms automatically improve at every level.

YOUR VITAL FORCE DOES THE WORK

Homeopaths use the term vital force to describe the dynamic intelligence that fuels and directs the healthy functioning of each person at all levels of their life experience. This image has historical significance in many systems of medicine, and is called by many names - Qi, Prana,

Mana - depending on the particular culture or tradition. A correctly chosen homeopathic medicine stimulates a person's vital force in such a way that it begins the healing of its own systems - mental, emotional, and physical.

COMMONLY TREATED CONDITIONS:

Homeopathic medicines provide rapid relief for ACUTE symptom patterns such as colds/Influenza, hay fever, bladder infections, earaches, headaches, stomach upset, bruises/cuts, sprains and strains, as well as sudden onset emotional states such as rage, grief, sadness, fear and/or panic attacks. Homeopathic medicines also stimulate healing by addressing the underlying causes for such CHRONIC ailments as asthma, allergies, digestive disorders, insomnia, menstrual problems, menopause, as well as nervous system imbalances such as, depression, anxiety, attention deficit disorder (ADD), behavior problems, and hyperactivity (ADHD).